

# Lord Help Me

Count: 32      Wall: 4      Level: Improver

Choreographer: Marie Sørensen (Sunshine Cowgirl) - Dk – April 2014

Music: Lord Help Me Be The Kind Of Person by The Bellamy Brothers. Album: Jesus



**Intro: 16 Counts - No Tags, No Restart !**

## **RHUMBA, LEFT, RHUMBA RIGHT, WALK, WALK, COASTER CROSS**

- 1&2            Step left to left side, step right next to left, step left fwd.
- 3&4            Step right to right side, step left next to right, step right back
- 5-6            Walk back left, right
- 7&8            Step back on left, step right next to left, cross left over right (12:00)

## **STOMP, SWIVEL, BEHIND, SIDE, CROSS, POINT, TOUCH, POINT, BEHIND, SIDE, CROSS**

- 1&2            Stomp right fwd. swivel right heel to the right side, swivel right heel to center (Weight on left)
- 3&4            Cross right behind left, step left to left side, cross right over left
- 5&6            Point left to left side, touch left beside right, point left to left side
- 7&8            Cross left behind right, step right to right side, cross left over right (12:00)

## **SIDE, BEHIND, 1/4 TURN SHUFFLE, STEP 3/4 RIGHT, CHASSE LEFT**

- 1-2            Step right to right side, cross left behind right
- 3&4            1/4 turn right, step fwd. right, step left next to right, step fwd. right (03:00)
- 5-6            Step fwd. left, 3/4 turn right (Weight in right)
- 7&8            Step left to left side, step right next to left, step left to left side (12:00)

## **BACK ROCK, RECOVER, MONTEREY 1/4 TURN, BACK ROCK, RECOVER, KICK BALL CROSS**

- 1-2            Back rock right, recover
- 3&4            Point right to right side, 1/4 turn right, step right next to left, point left to left side
- 5-6            Back rock left, recover
- 7&8            Kick left fwd. step left in place, cross right over left (03:00)

**Have Fun!**

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